The League of Veteran Racing Cyclists





2016 Handbook & Calendar of Events

The League of Veteran Racing Cyclists

Founded by Percy Stallard and Eddie Cook in 1986



Objective of the LVRC

The provision of a programme of competitive and social cycling events for male and female members of 40 years of age and over.

Statement of Policy

The League of Veteran Racing Cyclists came into being to provide male and female members of 40 and over with competitive and social events, competition being in the form of age-related road races where riders compete against others in their own age groups.

Competitors in LVRC events must be members. The subscription provides membership from 1st September of any one year until 31st December of the following year. Each member is covered for third party insurance while riding in LVRC events and social activities of up to £10,000,000 indemnity.

There is no duplication with other cycling organisations so our members are free to join any other body as they wish. They can also be amateur or professional.

The LVRC is administered by an Executive Committee elected annually at the AGM which takes place in September each year. The Executive Committee has the power to take decisions on behalf of the LVRC and may make or modify any regulations if this is considered necessary. However, such decisions may be overridden by the next AGM or by a SGM called for the purpose.

Each region of the LVRC is administered by a regional committee. Members are always encouraged to put forward suggestions for the improvement of the LVRC and its regulations and any such suggestions should be sent to the Chairman for consideration by the Executive Committee.

We look forward to welcoming to our ranks all those interested in age-related racing.

The 2016 AGM will be 25th September following the Time Trial Championships at Napton Victory Hall, Warwickshire CV47 8LT

LVRC Handbook 2016

Executive Committee 2016

Chairman: Don Parry, Castle Farm Cottage, 32 North Street, Rothersthorpe, Northampton NN73JB (01604) 967293 donparry_1@hotmail.com

Secretary: John McMillan, 8 Summerlee Gardens, London N2 9QN Tel: 07951 710591 gensec.lvrc@gmail.com

Treasurer: Ian Booth, 1 Arden Leys, Aspley Heath Lane, Tanworth-in-Arden, West Midlands. B94 5JE. (01564) 742002 iboothaug@gmail.com

Registrar: Michael Cross, 27 Springfield Crescent, Horsham, West Sussex, RH12 2PP (01403) 250012 reg9reg@hotmail.co.uk

Events Co-ordinator: Barrie Mitchell, Holly Cottage, 15 High Street, Marton, Rugby, CV23 9RR (01926) 632948 ridermarton@gmail.com

Press Secretary, Percy Stallard Events Co-Ordinator and Social Secretary: Mick Ives (02476) 304009 mickivesbikeking@gmail.com

Stock Controller: Michael Amery 18 Gifford Drive Welland Malvern Worcestershire WR13 6SE 01684 310 168 amery_07@fsmail.net

Co-opted non-executive members

One representative from each region

President: Alan Rushton

ICF Representative UK: Peter Ryalls 01246 413515 ryalco@btinternet.com

ICF Representative Belgium: Graham Webb webbworldwide2000@hotmail.com

Webmaster: Jim Golden, Foxglove Cottage, 18 The Village, Keele, Staffs (01782) 624631 jimgolden1945@gmail.com

Website: www.lvrc.org.uk



Regional Officers 2016

| Regional On | 110013 2010 | | |
|--|-------------------------------|---|------------------------------|
| | | TLAND and YORKSHIRE | |
| CHAIRMAN | Derek Smith | 15 Moor Grange View, West Park, Leeds LS16 5BN email: derek@fastcycle.plus.com | 0113-275-9733 |
| REGISTRAR | Alistair Cameron | 29 Knox Street, Leeds, LS13 1LZ | 0113 257 2680 |
| TREASURER | Patrick Douglas | email: alistair.cameron7@gmail.com 52 Spennythorn Avenue, Leeds LS16 6JA | 0113-267-6200 |
| SECRETARY/ EVENTS CO-ORDINATOR | Richard Booth | Richard Booth, 4 Albion Terrace, Guisborough, TS14 6HJ email:richardbooth11@btopenworld.com | 01287 635105 |
| | | email.ricnaraboothi i@btopenwona.com | |
| REGION 3 NORTH WAL REGISTRAR | ES and MERSEYSIDE Brian Ellis | 1 Priory Road, West Kirkby, Wirral CH48 7ET | 0151-625-8896 |
| | | email: brianellis1@talktalk.net | |
| TREASURER | Geoff Brandt | 29 Templemore Road, Oxton, Birkenhead, Merseyside, CH43 2HB geoff.brandt@ntlworld.com | 0151-652-0217 |
| EVENTS CO-ORDINATOR | R Keith Boardman | 19 Clydesdale Road, Hoylake, Wirral, CH7 3RP. kbcb@live.co.uk | 0151-632-3185 |
| REGION 4 MANCHESTE | R and NORTH STAFF | FORDSHIRE | |
| CHAIRMAN/ REGISTRAR | Dave Watson Richard Cowan | 207 Manchester Road, Greenfield, Oldham OL3 7HX 20 Dairylands Road, Church Lawton, Stoke on Trent, ST7 3E | 01457-837113 |
| | | email: Ampairsolutions@aol.com fireblade4rich@aol.com | 01270-873890 |
| EVENTS CO-ORDINATOR TREASURER | R Nev Ashman John Carter | 77 Hulme Hall Road, Cheadle Hulme, Cheshire SK8 6JZ 41 Holthouse Road, Tottington, Bury BL8 3JP | 01614-857969 01204-886635 |
| QUARTERMASTER | Jim Golden | Foxglove Cottage, 18 The Village, Keele, Staffs ST5 5AR | 01782-624631 |
| | | email:jimgolden1945@gmail.com | |
| REGION 5. EAST and N | | C2 Coons Hill Long Duruffeld Darlovskins C10 2Cl | 01246 412515 |
| CHAIRMAN | Peter Ryalls | 63 Snape Hill Lane Dronfield Derbyshire S18 2GL email: Ryalco@btinternet.com | 01246 413515 |
| REGISTRAR | Phil Etches | 12 Hereford Way, Grantham NG31 8AX email: phil.etches@btinternet.com | (01476)577262 |
| SECRETARY/TREASURER | l John Flear | 14a Water Lane, North Hykeham, Lincoln, LN6 9QT | 01522-687738 |
| EVENTS CO-ORD | Dave Gretton | email: johnflear@talktalk.net 7 Lorimer Avenue, Gedling, Notts NG4 4BS | 0115-987-8700 |
| | | email: davegretton@hotmail.com | |
| QUARTERMASTER | John Downing | 33 Doncaster Road, Costhorpe, Worksop, Notts, S81 9QY email:johnnydowning@sky.com | 01909 807207 |
| DECION C MID WALES | I WEST MID! AND | | |
| REGION 6. MID WALES REGISTRAR | Peter Varian | 18 Redstone Farm Road, Hall Green, Birmingham B28 9NT | 0121-777-2826 |
| TREASURER | Ivor Thomas | e-mail: fiona.varian@virgin.net Stone Hill Cottage 3 Kings Lane Snitterfield | 01789 731451 |
| | | Stratford On Avon CV37 0QB | |
| EVENTS CO-ORDINATOR | Michael Amery | 18 Gifford Drive, Welland, Malvern, Worcs WR13 6SE e-mail: amery_07@fsmail.net | 01684-310168 |
| DECION T CEMINIAN | DC | | |
| REGION 7. S.E.MIDLAN CHAIRMAN | Trudie Bird | l 43 Colindale Street, Monkston Park, Milton Keynes, MK10 9 | PX, |
| VICE CHAIRMAN | Davil Bind | 07748 13510 / 07545 874281 email: paulandtrudie@ | |
| VICE CHAIRMAN REGISTRAR | Paul Bird Clare Simon | As above 3,Yeomans Gate, Cardington, Beds, MK44 3SF | 07428 676824 |
| TREASURER | Graham Simms | email: 7registrar@outlook.com 8 Constance Harris Close, Wellesbourne, Warwick, CV35 9P2 | 7 01026 655260 |
| | | email graersims@gmail.com | |
| EVENTS CO-ORDINATOR | Martin Hackley | The Heathfield, 10, Bilton Lane, Dunchurch, Warwickshire, CV22 6PT. mvh@qatechnology.co.uk | 01788 810212 |
| DECION O CWALES | LWESTERN ENGLAND | | |
| REGION 8: S.WALES and CHAIRMAN/SECRETARY | | Melrose, 12 Heol Morlais, Llannon, Dyfed SA14 6BD | 01269-832975 |
| TREACHRER | Vavin Croon | Email: info@barclayclassics.com 8 Elmore, Yate, South Glos BS37 4JG | 0798-2244139 |
| TREASURER EVENTS CO-ORDINATOR | Kevin Green R, Martin Bush | Mobility House, Aberaman Park Industrial Estate, Aberdare, | 01685-884226 |
| REGISTRAR | | Mid-Glam CF44 6DA email: dreamsportswear@btconnect.c | om |
| REGION 9: LONDON ar | | | |
| CHAIRMAN | Knocker Shields | 62, Gorseway, Rush Green, Romford RM7 0RS email: knocker.y@ntlworld.com | 01708 700740 |
| REGISTRAR | Michael Cross | 27 Springfield Crescent, Horsham, West Sussex RH12 2PP | 01403 250012 |
| SEC, EVENTS CO-ORD,Q | M Fred Little | Email: reg9reg@hotmail.co.uk Mobile 07785 242974 45 Hillhouse Close, Billericay, Essex, CM12 0BB. | 01277-658807 |
| TREASURER | Peter Wilson | Email: fredlittle@btinternet.com 52 Knoll Drive, Southgate, London, N14 5NE. | 0208-368-0698 |
| | | Email: peter260wilson@gmail.com | |
| CORRESPONDANT | Richard Wall | 142 Holden Avenue, Oxley Park, Milton Keynes, MK4 4HT Email: richardwall341@btinternet.com | 01908 501556 |
| | | Eman. richardwan541@btmternet.com | |

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REGISTRAR /EVENTS Keith Brooks CO-ORDINATOR

TREASURER Bob Lyles

2 Trematon Street Poundbury Dorchester Dorset DT1 3AT 01305 756 007 email lvrcreg10@gmail.com

The Heath, Byles Green, Upper Bucklebury, Berkshire RG7 6SD 01635 865637 Email: lylesatbyles@greenbee.net

Rules of Racing

RACE CALENDAR

1. Approval for a race date shall be obtained from the appropriate Regional Event Co-ordinator. Each Regions applications shall be sent to the National Events Co-ordinator no later than the last week of December accompanied by a payment of £20 per event for inclusion in the National Handbook Calendar of Events and for race Insurance.

POLICE PERMISSION

- The responsibility for making a race application to the appropriate police authority lies with the race promoter or promoting organisation and shall be made directly by the race organiser.
- 3. Applications using the appropriate LVRC forms must be made to all police authorities through whose area the race runs, at least six weeks in advance, giving details of course, date, starting time, etc. Copies of the police approval documents and race programme shall be sent to the respective Police Headquarters and local police at least seven days before the event.

HIGHWAYS REGULATIONS

- 4. All events on the public highway must be held in accordance with The Cycle Racing on Highways Regulations 1960 (and 1980 and 1995 Amendment Regulations).
- 5. All courses or circuits must be approved by the police.

LVRC RACE LICENCE/MEMBERSHIP

6. All British riders in an LVRC event must be members of the LVRC at the time of entering and riding an event. LVRC Racing Licences must be produced by all British entrants at the time of signing on to obtain a race number which must then be worn on the race jersey for the duration of the event.

RESIII TS

7. Result sheets must be sent to the Webmaster and to all who supply a stamped addressed envelope for that purpose.

LVRC TROPHIES

8. LVRC championship trophies are perpetual and remain the property of the LVRC. Members are responsible for arranging the return of any trophy won by them to the LVRC Quartermaster before the next year's running of the event concerned.

EVENT PRIZES

9. LVRC policy is that all income from event entries, less levies and expenses, should be distributed as prizes. As a minimum, prizes must be given to the first three in each age category, the only exception being a handicap race and where there are less than 5 riders in an age category. Where race finances allow the first three in each race should also be recognised. When riders choose to ride in a younger age group they should be eligible for prizes providing an entry fee has been paid for that race.

RACE FINANCE

10. A Balance Sheet, together with any profit from the event, shall be sent to the Regional Treasurer as soon as possible after the event.

AGE CATEGORIES

- 11 (a). LVRC categories are designated as follows: A, 40-44; B, 45-49; C, 50-54; D, 55-59; E, 60-64; F, 65-69; G, 70-74; H, 75-79; I, 80-84; J, 85-89; K, 90-94: L, 95-99. Members will change category on their appropriate birthday and when entering races must quote the age category that they will be in on the day of the race.
- 11 (b). Lady members will normally ride in the category appropriate to a man 10 years older (i.e. 2 groups higher), including championship races.
- 12. All members are encouraged to ride in a category in which they feel comfortable. Therefore those who wish to do so because of varying ability may at any time enter to ride with a different age category (except in the case of Championship events 'and the National Series). Riders competing in an older category shall not be eligible for a prize.
- 13. Championship races will be run for each category and medals, provided by the LVRC, will be awarded to the first three in each category, together with the LVRC championship jersey to the winner of each category. All categories shall race in separate events, except where the number of riders is less than 10 and does not justify it.
- 14. Where race finances allow recognition should be given to the first three in each age group and the first three in each race.
- 15. The age and/or category entered for each rider must appear on the start sheet and on the signing-on sheet.

VEHICLE WARNING SIGNS

16. Official vehicles required at all events on public roads are: lead vehicle, which must carry signs stating 'CARE CYCLE RACE APPROACHING', a Race Controllers vehicle and a vehicle carrying a race official and a first aid attendant. All vehicles must carry a LYRC 'CYCLE RACE OFFICIAL' sign and a rear pointing sign stating 'CAUTION CYCLE RACE IN PROGRESS'.

SIGNING ON SHEETS AND LVRC LEVY

- 17. LVRC signing-on sheets must be completed in duplicate. The organiser must hand the bottom copy to the Chief Judge at least ten minutes before the start of the event. The top copy, together with 50p LVRC levy for every listed rider, must be sent to the Regional Treasurer, as soon as possible after the event, for retaining for the legal time requirement of six years
- 18. All competitors must leave their current LVRC racing licence with the signing-on controller and sign on before receiving a race number. Licences will be returned to competitors when their race numbers are handed in after the finish of the event.

PROTECTIVE HEADGEAR

- 19. The wearing of hard-shell helmets is mandatory in all events held under LVRC events. This must be stated in all LVRC programmes.
- 20. **Tri-bars. Tri-bars and Spinaci-type bars** are not allowed in LVRC road races or stage races.

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- 21. All Race entry fees will be at the discretion of the organiser with a maximum of £15 per race. The only variation to this will be where third party owned circuits need to be hired and then the entry fee will reflect the cost of hire of the circuit. Stage race entry fees should be not greater than the number of stages multiplied by the maximum fee of £15 per race.
- 22. The closing date for all entries shall be three weeks before the date of the event. Entries accepted for all events shall be at the discretion of the organiser. Until further notice all rider entries for G, H and I categories received by the closing date must be accepted.
- 23. When online entry through RiderHQ is being used for an event, all members who have an email address and internet access are expected to enter online, in order to reduce the workload of the organiser. Postal entries will only be accepted by special arrangement with the organiser. The organiser's email address and telephone number will appear in the Racing Calendar, but not their postal address.

When RiderHQ is being used, entries will not be accepted until eight weeks prior to the date of the race. Withdrawals after entry received will not be entitled to a refund of the entry fee.

24. All paper, post, based entries must include a selfstamped addressed envelope for a start sheet if no email address is provided.

ENTRIES ON THE DAY

- 25. Entries on the Day shall subject to organiser's discretion but will usually be 50% more than entries in advance. They can only be accepted if a full field of riders has not signed on. This will not apply to events advertised as 'EOD accepted' or 'EOD only'. All entries on the line will always be subject to the following conditions:
 - A. Existing members must fully complete an LVRC Standard Entry Form before being allowed to sign on.
 - B. Non-members must complete both the LVRC Membership Application Form and the standard race entry form. They pay the membership fee current at the time, before being allowed to sign on.

C. Foreign riders who permanently reside outside the UK will be granted free day membership on completion of the LVRC Membership Application Form. Organisers please mark form 'Foreign Rider' before sending it to the National Registrar. They must also complete the standard race entry form and pay double the standard race entry fee before being allowed to sign on, except b for overseas riders with ICF licences who will pay only the standard entry fee.

D. As soon as possible after the event the Organiser must send all new LVRC Membership Application Forms and fees to the relevant Regional Registrar.

SUSPENSION FOLLOWING POSITIVE DRUGS TEST

26. A rider suspended by another cycling governing body as a result of a positive drug test is barred from competing in LVRC events during the period of his/her suspension.

ARUSE

27. Upon receipt of a complaint against a member competing in an LVRC event who allegedly verbally or physically abuses others the organiser will in the first instance attempt to resolve the situation immediately. If this is unsuccessful the complaint will be referred to the member's home region and be subject to an immediate investigation and suitable sanction where appropriate imposed by the member's Regional Executive. Should this sanction be challenged or ignored by the member under investigation then a request for further action will be passed to the LVRC National Executive by the region within 30 days of the alleged abuse for consideration and any further action or sanction that is deemed to be appropriate.

28. – In events with multiple races for different age groups, when a slower race is caught and passed by a faster race the slower race shall allow the faster race to establish itself separately in front of the slower race. It is not permitted for riders from the slower race to gain advantage by joining the faster moving race. This applies equally to breaks and lone

If a break from an older race catches groups of riders from a younger race the caught riders may not join in or contribute in any way to the break or do anything else that affects the course of that race.

Recommendations for Events

EVENT ORGANISATION AND SAFETY MANUAL

The manual will be issued to each event organiser by the Regional Event Co-ordinator. It is also available to down load from the LVRC web site.

The Manual has 5 Sections:-

1. Guidelines for Race Organisers

Covers all aspects of road race organisation from initial application to final presentation of accounts

2. Risk Assessments

All you need to know about completion of risk assessments including generic and specific examples

3. Police Notification

Examples of and recommendations for event approval

4. Cycle Race Regulations

The Cycle Racing on the Highways Regulations, 1960 (and 1980 and 1995 amendments)

5. Race Organisation and Safety Forms

All the forms needed for LVRC events.

Guidelines for Safer Racing

- 1. Hold the same line as other riders in the bunch, especially on bends.
- 2. If needing to move to the left or right, advise other riders of your intention.
- 3. Do not move up on the inside of corners.
- 4. Do not switch direction when sprinting before checking that other riders will not be impeded.
- 5. Only overtake other riders win not be impeded.

 5. Only overtake other riders were there is sufficient room to do so without forcing them to change direction
- room to do so without forcing them to change direction.

 6. Shout warnings of hazards such as potholes or obstructions to following riders.
- Avoid physical contact with other riders.
- 8. Keep both hands on the bars at all times when riding in close formation in a fast moving bunch.
- 9. In the event of a puncture, put one hand up, keep a straight line and allow other riders to pass safely. Do not brake sharply.
- 10. If deciding to pull out of the line, signal your intention and do not brake or swerve into the path of following riders.

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LVRC Successes in World Championships

- 1986 1st UCI World Road Champs 50 59 Dave Orford
- 1989 1st UCI World Road Champs 60 64 Harry Hall
- 1989 1st UCI World Road Champs 65 69 Bob Maitland
- 1990 1st UCI World Road Champs 60+ Dave Orford 1993 1st ICF World Road Champs 50 - 59 Dave Nie
- 1994 1st ICF World Road Champs 50 59 Dave Nie
- 1995 1st UCI Masters Road Champs 65+ Dave Orford
- 1996 1st ICF World Road Champs 50 59 Dave Nie
- 1997 1st ICF World Road Champs 50 59 Dave Nie
- 1997 1st St Johann World Cup 70-74 Ron Longstaff
- 1999 1st UCI World Road Champs 50 59 Ian Hallam
- 1999 1st ICF World Road Champs 50 54 Ian Hallam
- 2000 1st UCI World Road Champs 50 54 Ian Hallam
- 2000 1st ICF World Road Champs 50 54 Ian Hallam
- 2000 1st ICF World Road Champs 60 69 George Bennett
- 2000 1st ICF World Road Champs 70+ Peter Sandy
- 2002 1st ICF World Road Champs 60+ Tony Woodcock
- 2004 1st UCI World Road Champs 60 64 Tony Woodcock
- 2004 1st W.A.O.D Road Race Champs Mick Ives 2005 1st UCI World Road Champs 50+ Claire Greenwood
- 2006 1st UCI World Road Champs 60+ Roger Iddles
- 2009 1st World Masters Games 70 74 Brian Dacey
- 2011 1st RIS-RSC Hartberg 7 day Race 65- 69 Mick Allen
- 2012 1st St Johaan World Cup 50 59 Susan Shook
- 2013 1st RIS-RSC Hartberg 7 day Race 75+ Pete Ryalls
- 2015 1st UCI World Road Champs St Johaan 75+ Jack Watson

Time-trial

- 1990 1st ICF International TT Champs 50+ Dave Orford
- 1991 1st ICF International TT Champs Brian Sunderland
- 1991 1st ICF World Cup TT Champs 50-54 Mick Ives
- 1992 1st ICF International TT Champs Brian Sunderland
- 1993 1st ICF International TT Champs Brian Sunderland
- 1995 1st ICF World Cup TT Champs 55-59 Mick Ives
- 1995 1st UCI World TT Champs 65 69 Dave Orford
- 1996 1st UCI World TT Champs 65 69 Dave Orford
- 2000 1st ICF International TT Champs 60 64 Ray Minovi
- 2000 1st ICF International TT Champs 45-49 Clare Greenwood
- 2001 1st UCI International TT Champs 45-49 Clare Greenwood 2003 1st UCI World TT Champs 45-49 Sue Shook
- 2005 1st UCI World TT Champs 50+ Clare Greenwood
- 2006 1st UCI World TT Champs 60+ Roger Iddles
- 2009 1st UCI World TT Champs 65 69 Roger Iddles

MTB & Cyclo-Cross

- 1996 1st International MTB Champs 50-54 Barrie Mitchell
- 1996 1st International MTB Champs 55-59 Mick Ives
- 2000 1st UCI World Cyclo-X Champs 60-64 Mick Ives
- 2001 1st UCI World Cyclo-X Champs 60-64 Mick Ives
- 2004 1st UCI World Cyclo-X Champs 65+ Mick Ives
- 2005 1st UCI World Cyclo-X Champs 65+ Mick Ives
- 2006 1st UCI World Cyclo-X Champs 60+ Vic Barnett
- 2006 1st UCI World Cyclo-X Champs 65+ Mick Ives
- 2014 1st UCI World Cyclo-X Champs 60-64 Dave McMullen
- 2015 UCI World Cyclo-X Champs 50-54 Phil Roach
- 2015 UCI World Cyclo-X Champs 60-64 Dave McMullen
- 2015 UCI World Cyclo-X Champs 70-74 Vic Barnett

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| NATIONAL CHAMPIONSH | IP EVENTS | | | |
|-----------------------|-----------|-----------|-------------|---------------------|
| Sunday 22nd May | Region 6 | CD | Road Race | Malvern |
| Sunday 29th May | Region 9 | EFGHI | Road Race | Tipps Cross |
| Sunday 19th June | Region 6 | AB | Road Race | Audlem |
| Saturday 16th July | Region 6 | ABCDEFGHI | Criteriums | Stourport on Severn |
| Saturday & Sunday tba | Region 6 | ABCDEFGHI | Track | tba |
| Sunday 25th September | Region 7 | ABCDEFGHI | Time Trial | Napton |
| tba December | Region 7 | ABCDEFGHI | Cyclo Cross | Midlands |

NATIONAL ONIMPEX UK. BIORACER, PERCY STALLARD POINTS SERIES Sunday 13th March Fleche Waltonne RR (Event 1) Sunday 17th April Claydon's Spring RR (Event 2) Sunday 8th May **Enville RR** (Event 3) Sunday 5th June Tommy Godwin Memorial RR (Event 4) Sunday 17th July Tour of the Wolds RR (Event 5) Sunday 11th September East Coast RR (Event 6) Sunday 18th September Peterborough RR

Points will be awarded for each age category, 6 for 1st place down to 1 for 6th place. Points to be counted from best 5 events. A rider will have to compete in a minimum of 5 events to qualify for an overall prize. In the event of a tie on points the next best place or places to count. If a rider changes his age group during the season because of a birthday he may compete in the new older age category, but will not retain any points he has gained from his earlier age group. Alternatively he may choose to remain in the earlier age group for the remainder of the series and keep any points gained. For 2016 there will be overall classifications for Category A,B,C,D,E,F,& of (70 years of age and over). Contact Series Co-Ordinator Jon Stephenson for points details etc. Tel: 07792 356339, Email: marijon@hotmail.co.uk

TOACHIM VETS/PS+CYCLEWEAR POINTS SERIES

| Sunday 20th March | R10 | GS Vecchi RR | (Event 1) | Dunsfold Airfield |
|----------------------|-----|-----------------------------------|------------|---------------------|
| Sunday 24th April | R10 | Python RT Circuit Race | (Event 2) | Great Tew Circuit |
| Sunday 8th May | R10 | Swindon RC RR | (Event 3) | Swindon |
| Sunday 15th May | R9 | Circuit of Crowhurst RR | (Event 4) | Crowhurst |
| Sunday 5th June | R9 | Hoggenberg Classic | (Event 5) | Hog Hill |
| Sunday 19th June | R7 | Horizon / Verulam | (Event 6) | Hog Hill |
| Sunday 26th June | R9 | Paul Simon Homes | (Event 7) | Tipps Cross |
| Sunday 3rd July | R9 | Dave Griffiths Memorial RR | (Event 8) | Ottershaw |
| Sunday 17th July | R10 | Newbury RC RR | (Event 9) | Newbury |
| Sunday 24th July | R9 | Eagle RC RR | (Event 10) | Radwinder |
| Sunday 31st July | R9 | Southend Over the Hill Criteriums | (Event 11) | Hog Hill |
| Saturday 6th August | R9 | Colourtech Criteriums | (Event 12) | Gravesend Cyclopark |
| Sunday 14th August | R10 | Derek Witt Memorial RR | (Event 13) | Milburys, Hampshire |
| Sunday 28th August | R9 | Lewes Wanderers | (Event 14) | Lewes |
| Sunday 4th September | R9 | Dulwich Paragon | (Event 15) | Surrey |

A riders 8 best results count towards the overall points chart. A rider will have to compete in a minimum of 5 events to qualify for an overall prize one of which must be a road (non circuit) event. Points for each age group awarded as follows: 1st 15, 2nd 13,3rd 11, 4th 9, 5th 8, 6th 7, 7th 6, 8th 5, 9th 4 & 10th 3. Standard LVRC Age Change rules will be adopted, where by a rider can change to a new Age Group upon reaching a relevant birthday. Any points already accumulated will be transferred with the rider to the new Age Group. Alternatively, a rider can opt to remain in the current Age Group until the end of the season if they choose to do so. A rider will have to compete in a minimum of 4 events to qualify for an overall prize"....Contact Series Coordinator Tom McCall for points details etc. @ tomcat9@ blueyonder.co.uk

OVER 65 YEARS POINTS SERIES

| Sunday 6th March | Baines Racing RR | (Event 1) | Towcester |
|--------------------|--------------------------|-----------|---------------|
| Sunday 20th March | Pinvin RR | (Event 2) | Pershore |
| Tuesday 17th May | MK Bowl Circuit | (Event 3) | Milton Keynes |
| Sunday 12th June | Hillingdon Cycle Circuit | (Event 4) | Hillingdon |
| Tuesday 14th June | MK Bowl Circuit | (Event 5) | Milton Keynes |
| Sunday 19th June | Audlem CC RR | (Event 6) | Audlem |
| Sunday 14th August | Last of the Summer Wine | (Event 7) | Hogg Hill |

The objective of this series is to encourage riders of 65 years and over to continue racing by providing their own peer group peloton. The success and continuance of this series depends on the support of the riders. Points will be awarded for each age category, 6 for 1st place down to 1 for 6th place. Points to be counted from best 5 events. A rider will have to compete in a minimum of 4 events to qualify for an overall prize. In the situation of a tie for the overall series prizes will be shared. Riders who change age categories through the season can stay in the same age category for the whole season – or change category on their birthday and take existing acquired points with them to the new category. Riders must email Barry Jones at cjandbgj@aol.com to advise of any changes or omissions of their position from that shown on the race results on the LVRC web-site.

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NOTICE FROM THE EXECUTIVE

RACE ENTRY FEES 2016

AS DECIDED AT THE 2015 AGM ENTRY FEES FOR STANDARD EVENTS, NATIONAL CHAMPIONSHIPS AND SERIES EVENTS WILL BE £15 MAXIMUM. FOR STAGE RACES AND TRACK EVENTS ENTRY FEES ARE STATED IN THE RACE DETAILS.

ENTRY METHODS

FOR 2016 THE RACE ENTRY METHODS IN THIS CALENDAR WILL BE MARKED WITH THE LETTERS "A", "B", OR "C". THESE DESIGNATIONS INDICATE THE FOLLOWING:

"A" ENTRY THROUGH RIDER HQ (ONLINE)
"B" STANDARD ENTRY FORM (+ SAE IF NO EMAIL ADDRESS GIVEN)

"C" ENTRY ON DAY

THIS IS DESIGNED TO MINIMISE THE DESCRIPTIONS OF ENTRY METHODS ETC IN THE RACE DETAILS, NOTE UNLESS ENTRY METHOD IS MARKED "C" THERE IS NO ENTRY ON THE DAY AVAILABLE IN THE EVENT.

FOR 2016 WE ARE AGAIN ENCOURAGING RACE ENTRIES TO BE MADE ONLINE THROUGH THE RIDER HQ ONLINE FACILITY, ENTRY METHOD "A". PLEASE USE THIS FACILITY WHEREVER OFFERED. THERE IS A SMALL ADDITIONAL FEE OF £1.00 FOR £10 ENTRIES AND £1.15 FOR £15 ENTRIES CHARGED BY RIDER HQ FOR THIS SERVICE. FOR EVENTS WITH OTHER ENTRY FEES RIDER HQ FEE TO BE AGREED. ONLINE ENTRIES WILL OPEN 8 WEEKS BEFORE THE DATE OF THE EVENT, POSTAL ENTRIES RECEIVED BEFORE THE OPENING DATE WILL BE GIVEN EQUAL CONSIDERATION AS ONLINE ENTRIES ONCE THE RACE HAS OPENED. WITHDRAWALS AFTER ENTRY HAS BEEN RECEIVED WILL NOT BE ENTITLED TO A REFUND OF THE ENTRY FEE.

CLOSING DATES

THE STANDARD CLOSING DATE FOR ALL EVENTS (UNLESS OTHERWISE STATED) WILL BE 3 WEEKS BEFORE THE DATE OF THE EVENT.

EVENTS WITH "C" ENTRY METHOD (EOD) ONLY WILL HAVE NO CLOSING DATE.

NOTICE FROM REGION 9

ALL SERIES EVENTS AT HOG HILL, DUNTON AND THE LEE VALLEY VELOPARK ARE ENTRY METHOD "C" ENTRY ON DAY" ONLY.

SUNDAY 14th & MONDAY 15th FEBRUARY - REGION 6

LVRC OMNIUM COMPETITION, Newport Velodrome NP19 4PT. Sunday 12.00hrs - 19.30hrs: Scratch Race 10km / 7.5km, Pursuit 3km / 2km, Elimination Race. Monday 08.30hrs - 15.00hrs: Time Trial 750m / 500m, Flying Lap, Points Race 15km / 10km. Age category competitions: ABCDEFG+H, Women 40+, Women 50+. Entry Fee £30. Entry Method: A & C. Organiser: Mike Amery, Tel: 01684 310168, Email: amery_07@fsmail.net

SATURDAY 27th FEBRUARY - REGION 9

SAN FAIRY ANN / ABELLIO RT SPRING CRITS (EVENT 1) 12.00hrs, Gravesend Cyclopark, DA117NP, Flat, AB,CD,EFGHI, 3 separate races on circuit with gaps, all 1hr duration. Simon Charlesworth, Tel: 01580 212114, Email: ballardscourt@tiscali.co.uk. Entry Method: A £10 & C £15

SATURDAY 5th MARCH - REGION 9

SAN FAIRY ANN / ABELLIO RT SPRING CRITS (EVENT 2) 12.00hrs, Gravesend Cyclopark, DA117NP, Flat, AB,CD,EFGHI, 3 separate races on circuit with gaps, all 1hr duration. Simon Charlesworth, Tel: 01580 212114, Email: ballardscourt@tiscali.co.uk. Entry Method: A £10 & C £15

SUNDAY 6th MARCH - REGION 7 - OVER 65 POINTS SERIES EVENT

BAINES RACING RR 10.00hrs, Towcester, NN128AW Undulating, ABC 70kms, DE 60kms FGHI 60kms. Martin Ash Tel: 01327 858885 Email: parts@bainesracing.com Entry Method: A £12

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SUNDAY 13th MARCH - REGION 5 - A STALLARD ONIMPEX UK, BIORACER SERIES EVENT LA FLECHE WALTONNE RR Husbands Bosworth, Undulating, 10.00hrs AB 85km, 10.05hrs CD 85km, 10.10am EFGH 70km, S.P.Rayner, Tel: 07973 479788. Email: philrayner157@hotmail. com. Entry Method: A & C £15

SUNDAY 13th MARCH - REGION 9

CICLOS UNO SPRING SERIES (EVENT 1) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 10.00hrs ABCD 1hr+ 5 Laps, EFGHI 50mins + 3 Laps. Fred Little, 45 Hillhouse Close, Billericay, Essex. CM12 0BB. Tel: 01277 658807. Email: fredlittle@btinternet.com. Entry Method: C £10

SATURDAY 19th MARCH - REGION 6

BUSH HEALTHCARE PINVIN RR. 10.00hrs, Pershore. Worcs. Flat. Cats. A 48m, B 48m, C 48m. ONLY. Joe Rowe, Tel: 01905 381989. Email: joseph.rowe@btinternet.com Entry Method: A & C £15

SUNDAY 20th MARCH - REGION 6 - OVER 65 POINTS SERIES EVENT

PINVIN RR 10.00hrs, Pershore. Worcs. Flat. Cats. D 40m, E 40m, FGHI 40m. ONLY, John Mullen, 41 Mason Rd, Headless Cross, Redditch, Worcs. B97 5DX, Tel: 01527 550871 Entry Category: B & C £10

SUNDAY 20th MARCH - REGION 9

CICLOS UNO SPRING SERIES (EVENT 2) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 10.00hrs ABCD 1hr+ 5 Laps, EFGHI 50mins + 3 Laps. Fred Little, 45 Hillhouse Close, Billericay, Essex. CM12 0BB. Tel: 01277 658807. Email: fredlittle@btinternet.com. Entry Method: C £10

SUNDAY 20th MARCH - REGION 10 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT GS VECCHI SPRING RR, Dunsfold Airfield, GU6 8TB, Flat, 09.30hrs AB 75km, CD 75km, EFGHI 60km. Keith Brooks, 2 Trematon Street, Poundbury, Dorchester, DT13AN, Tel: 01305 756007, Email: keithzbrooks@gmail.com. Entry Method: A & C £15

SUNDAY 27th MARCH - REGION 5

MODA ROAD RACE 10.00hrs, Flintham Notts NG23 5LQ, Flat, AB 53m, CD 53m, EFGHI 46m. Mick Perrin 2 Greengates Avenue. Mapperley. Nottingham NG3 5IO. Entry Method: B £10

SUNDAY 27th MARCH - REGION 9

CICLOS UNO SPRING SERIES (EVENT 3) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 10.00hrs ABCD 1hr+ 5 Laps, EFGHI 50mins + 3 Laps. Fred Little, 45 Hillhouse Close, Billericay, Essex. CM12 0BB. Tel: 01277 658807. Email: fredlittle@btinternet.com. Entry Method: C £10

SATURDAY 2nd APRIL - REGION 6

SOLIHULL EARLY SEASON CIRCUIT RACE 10.00hrs, Solihull Tudor Grange, B913LU, Flat, ABC 1hr + 5 laps, 11.30hrs DEFGHI 1hr + 5 Laps. Russell Perry, Tel: 0121 7132095. Email: Rperry19@tiscali.co.uk Entry Method: A & C £10

SUNDAY 3RD APRIL - REGION 7

CORLEY CYCLES TEAM MC LVRC RR, Cranfield MK43 0AL, Undulating, 11.00hrs ABC 75km, DE 65km, FGHI 65km. Sarah Hooper, 16 Van Der Bilt Ct. Blue Bridge, Milton Keynes, MK13 0LB, Tel: 07453 322978, Email: sarah@corleycycles.com. Entry Method: A, B & C £15

SUNDAY 3rd APRIL- REGION 9

CICLOS UNO SPRING CRITERIUM SERIES FINALE (EVENT 4) Lee Valley Velopark, E20 3AB, Flat, 10.00hrs ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE, Tel: 0208 500 1792, Email: ciclosuno@hotmail.com. Entry Method: C £15

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SATURDAY 9th APRIL - REGION 4

TUNSTALL WHEELERS, BRIAN ROURKE, PRO-VISION CIRCUIT RACE, Darley Moor Circuit located on A515 2 miles south of Ashbourne, Derbys. 11.00hrs EFGHI 1 hour + 5 Laps, 13.30hrs ABCD 1 hour 15 + 5 Laps. Geoff Saxon, Bentley House, Newtown Road, Biddulph Park, Staffs. ST877SW. Email: geoff@bentleyhouse.co.uk Full prize list for all age cats. Entry Method: A & B £12, C £15.

SATURDAY 9th APRIL - REGION 6

LVRC/VTTA TIME TRIAL 14.00 hrs, Undulating, Welland WR13 6NE, All Cats 16m. You can enter either as an individual or as a 2-Up team. The Welland Trophy LVRC/VTTA competition will be decided on a combination of individual and 2-Up results. Mike Amery, 18 Giffard Drive, Welland, Worcs WR13 6SE Tel: 01684 310168, Email amery_07@fsmail.net Entries on CTT Entry Form (cheques payable to M Amery) or online at cyclingtimetrials.org.uk You must enter in the name of your 'first claim' club. Entry fee £10 per rider. No EOD. Closing date Tues 29th March.

SUNDAY 10th APRIL - REGION 6

ECHELON CYCLES RR, 10.00hrs, Malvern, WR136NE, Undulating, AB 49m, CD 49m, EFGHI 49m. Tim Wood, Tel: 01386 550606, Email: info@echeloncycles.co.uk Entry Method: A & C £15

SATURDAY 16th APRIL - REGION 5

BARTON WHEELERS AUSTRALIAN PURSUIT HANDICAP RR 14.00hrs Barton-Upon-Humber, DN18 5PJ, Undulating. ABCDEFGH 50kms, David Haddock, 97 Barrow Road, Barton on Humber, North Lincolnshire. DN18 6DA. Tel: 01724 332708. Email: davidhhaddock@btinternet.com. Entry Method: B £10

SUNDAY 17th APRIL - REGION 7 - A STALLARD ONIMPEX UK, BIORACER SERIES EVENT CLAYDONS CLASSIC SPRING RR 10.00hrs, Botolph Claydon, MK182LP, Undulating, AB 55m, CD 55m, EFGHI 40m. Paul Bird, Tel: 07545 874281 Email: paulandtrudie@sky.com. Entry Method: A & C £15

SATURDAY 23rd APRIL - REGION 1 / 2

DEREK SMITH MEMORIAL RR 10.00hrs, Halifax, HX4 8JG, Undulating, AB 45m, CD 45m, EFGHI 45m. Martin Gargett, 3 William Street, West Vale, Halifax, West Yorks.HX4 8BX,Tel:0794 7431542, Email: martingargett@googlemail.com. Entry Method: A & B £10

SUNDAY APRIL 24th - REGION 10 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT PYTHON RT CIRCUIT RACE. Enstone Circuit, Great Tew, OX74NS, 09.30hrs AB, CD & EFGHI All 1hour duration. Trevor Bradbury, 22 East Park Farm Drive, Charvil, Reading, Berks. RG10 9UL, Tel: 07976 248693, Email: pythonrt@virginmedia.com. Entry Method: A £10 & C £15

SATURDAY 30th APRIL, SUNDAY 1st & MONDAY 2nd MAY- REGION 6

TOUR OF THE ABBERLEYS STAGE RACE 11.30hrs, Stourport WR6 6HR, Hilly, AB 140m, CDEFGHI 140m, Prologue + 3 road stages. Mike Amery, Tel: 01684 310168 Email: amery _07@ fsmail.net Entry Method: A & C £30

TUESDAY 3rd MAY - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 5th MAY - REGION 9

FORD CC DUNTON SERIES (Event 1). Ford Dunton Test Track, Basildon SS15 6EE, Flat, 19.00hrs ABCD 1hour + 3 laps. EFGHI 1hour + 3 laps, Trevor Mills, 4 Trumpeter Court, Billericay, Essex. CM12 0HQ Tel: 01277 657186, Email: millstrevor92@yahoo.co.uk Entry Method: C £10

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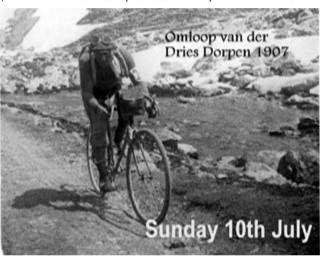
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SUNDAY 8th MAY - REGION 3

STEVE GUTTERIDGE MEMORIAL RR,10.00hrs,Siddington,Undulating,AB 66m, CD 55m, EFGHI 44m. Martin Moore, 7 Cooper Avenue South, Liverpool. L19 3PW.Tel: 0151 4949890 Email: martinmoore1@gmail.com. Entry Method A, B & C £10. This is a Liverpool Century Road Club Centenary event: 3 x £100 first prizes.

SUNDAY 8th MAY - REGION 6 - A STALLARD ONIMPEX UK, BIORACER SERIES EVENT ENVILLE ROAD RACE, 10.00hrs, Bobbington,DY75DU, Hilly, AB 55m, CD 44m, EFGHI 44m. Jonathan Davies, Tel: 07971 138388, Email: jonathandavies1957@hotmail.com, Entry Method: A £15

SUNDAY 8th MAY - REGION 10 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT SWINDON RC RR. 10.00hrs, Swindon, Undulating, AB 46m, CD 46m, EFGHI 46m. Ed Goss, Tel: 07535 927952, Email: ed@thechalet.myzen.co.uk Entry Method: A £15



TUESDAY 10th MAY - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@skv.com. Entry Method: C £10

THURSDAY 12th MAY - REGION 9

CICLOS UNO SUMMER SERIES (EVENT 1) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 18.00hrs. ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com Entry Method: C £10

SUNDAY 15th MAY - REGION 5

ALFORD WHEELERS RR. 10.30hrs, Alford, Undulating. AB 54m, CD 54m, EFDGHI 40m, John Elliott, The Old School House, Lusby, Spilsby, Lincs. PE23 4JD. Tel: 01507 588386 Mob: 07787 558125 Entry Method: A & B £10

SUNDAY 15TH MAY - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT CIRCUIT OF CROWHURST RR, Tandridge RH8 9NN, Flat, 09.30hrs AB 52m, CD 46m, EFGHI 40m. Gavin Garrett, Oakham, Downs View, North Chailey, East Sussex, BN8 4HB, Tel: 07886 185657. Email: ggarrett@prismaflex.com. Entry Method: B £10 & C £15

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TUESDAY 17th MAY - REGION 7 -OVER 65 POINTS SERIES EVENT MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 19th MAY - REGION 9

FORD CC DUNTON SERIES (Event 2). Ford Dunton Test Track, Basildon SS15 6EE, Flat, 19.00hrs ABCD 1hour + 3 laps. EFGHI 1hour + 3 laps, Trevor Mills, 4 Trumpeter Court, Billericay, Essex. CM12 0HQ Tel: 01277 657186, Email: millstrevor92@yahoo.co.uk Entry Method: C £10

SUNDAY 22nd MAY - REGION 6 - C & D NATIONAL CHAMPIONSHIPS

TUESDAY 24th MAY - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 26th MAY - REGION 9

CICLOS UNO SUMMER SERIES (EVENT 2) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 18.00hrs. ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com Entry Method: C £10

SATURDAY 28th MAY - REGION 6

WORCESTER ST JOHNS CC CRIT SERIES, Stourport DY138BQ, Flat, 12.30hrs DEFGHI 1 hr duration, 14.00hrs ABC 1 hr duration. Vince Page, 15 Elizabeth Ave, Claines, Worcestershire. WR37HQ. Tel: 01905 451617. Email: vince-page@hotmail.co.uk Entry Method: A & B £10 & C £15.

SUNDAY 29th MAY - REGION 9 - EFGHI NATIONAL CHAMPIONSHIPS

NATIONAL CHAMPIONSHIP RR, Tipps Cross CM15 0DX, Undulating, (Cats EFGHI ONLY) 09.00hrs E 56m, 09.05hrs F 48m, 12.30hrs GHI 40m. Knocker Shields, 62 Gorseway, Rush Green, Romford, Essex. RM7 0RS, Tel: 01708 700740, Email: knocker@yknocker.com. Entry Method: B + sae £15 (Cheques payable to R A Shields)

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SUNDAY 29th MAY - REGION 1/2

VIC SUTTON MEMORIAL RR 10.00hrs, Walkington, HU178SE, Undulating, AB 56m, CD 49m, FGHI 42m. Neil Dean, 51 Marlborough Avenue, Hull, HU5 3JR. Tel: 01482 447966. Email: neil. dean@outlook.com. Entry Method: A & B £10.

TUESDAY 31st MAY - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. 19.00hrs. (inc R7 Criterium Championship points series) Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky. com. Entry Method: C £10

THURSDAY 2nd IUNE - REGION 9

FORD CC DUNTON SERIES (Event 3).Ford Dunton Test Track, Basildon SS15 6EE, Flat, 19.00hrs ABCD 1hour + 3 laps. EFGHI 1hour + 3 laps, Trevor Mills, 4 Trumpeter Court, Billericay, Essex. CM12 0HQ Tel: 01277 657186, Email: millstrevor92@yahoo.co.uk Entry Method: C £10

SUNDAY 5th JUNE - REGION 6 - A STALLARD ONIMPEX UK, BIORACER SERIES EVENT TOMMY GODWIN MEMORIAL RR. 10.00hrs, Undulating, Bearley CV37 0SR, AB 56m, CD 48m, EFGHI 40m. Ian Cowan, Tel: 07977 237040, Email: Ianc@metaphorix.co.uk. Entry Method: A f15

SUNDAY 5th JUNE - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT

CICLOS UNO HOGGENBERG CLASSIC. Hog Hill Lower Circuit + Full Circuit Laps + Hill finish, Hainault IG6 3HP. 09.30hrs EFGHI 1hr+ 5 Laps, 11.00hrs ABCD 1hr + 5 Laps. Trevor Maddern, Ciclos Uno, 37 New Road North, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com Entry Method: C £10

TUESDAY 7th JUNE - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 9TH IUNE - REGION 9

CICLOS UNO SUMMER SERIES (EVENT 3) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 18.00hrs. ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com Entry Method: C £10

SATURDAY 11th JUNE - REGION 4

DARLEY MOOR - WAKEFIELD CC CIRCUIT RACE. Darley Moor Circuit. Located on A515, 2 miles south of Ashbourne, Derbys. Flat, 10.00hrs EFGHI, 1hr 15min + 5 laps, ABCD, 1hr 30mins + 5 laps Ken Corbett, 24 Cornwall Close, Monk Bretton, Barnsley. S7112ND. Tel: 07912 538931. Entry Method: B £10, C £15, Cheques payable Ken Corbett.

SATURDAY 11th & SUNDAY 12th JUNE - REGION 6

WYRE FOREST CRC 2 DAY, Stourport on Severn DY13 8BQ, Flat Saturday 11.00hrs ABCDEFGHI 1hr + 3 laps circuit race, Undulating Sunday 10.00hrs AB 65m, CD 52m EFGHI 52m. Joe Rowe, Tel: 01905 381989, Email: joseph.rowe@btinternet.com, Entry Method: A & C £20

SUNDAY JUNE 12th - REGION 1/2

CLIFTON RR 10.00hrs. Sheriff Hutton, YO60 6SX. Undulating, ABCDEFGHI 57m. Cameron Brooks, 185 Bishopthorpe Road, York. YO23 1PD. Tel: 01904 731509, Email: vetsrace@cliftoncc.org. Entry Method: A & B £15

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SUNDAY 12th JUNE - REGION 9 - OVER 65 POINTS SERIES EVENT

CICLOS UNO / TWICKENHAM CC R9 CRITERIUM CHAMPIONSHIP, Hillingdon Cycle Circuit, UB4 0LP, Flat, 09.30hrs FGHI 1 hour + 5 laps, 11.00hrs CDE 1 hour + 5 laps, 12.30hrs AB 1 hour + 5 laps. Bill Butterworth, 40 Harlech Gardens, Heston, Middlesex. TW5 9PR. Tel: 07504 859825. Email: Billbutterworth2@tiscali.co.uk Entry Method: A & C £15 (open to all regions, but medals for R9 riders only)

TUESDAY 14th JUNE - REGION 7 - OVER 65 POINTS SERIES EVENT

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 16th JUNE - REGION 9

SATURDAY 18th IUNE - REGION 5

BARTON WHEELERS MIDSUMMER RR. 14.00hrs. Barton-on-Humber. Undulating. AB 55km, CD 50km, EFGHI 45km. John Gadie, 37 King Edwards Street, Scunthorpe, North Lincolnshire. DN16 1LH. Tel: 01724 346175. Email: john.gadie37@gmail.com. Entry Method: A & C £10

SUNDAY 19th JUNE - REGION 6 - A & B NATIONAL CHAMPIONSHIPS

AUDLEM CC - LVRC NATIONAL RR CHAMPIONSHIP, Audlem CW30AH, Undulating, Cats A & B ONLY 10.00hrs A 96kms, B 96kms. Mike Wilson, Tel: 01630 698065, Email: Mikecycle3@ gmail.com Entry Method: A £15

SUNDAY 19th IUNE - REGION 6 - OVER 65 POINTS SERIES EVENT

AUDLEM CC RR, Audlem CW30AH, Undulating, Cats FGH&I ONLY 10.00hrs FGH&I 72kms, Mike Wilson, Tel: 01630 698065, Email: Mikecycle3@gmail.com Entry Method: A £15

SUNDAY 19th IUNE - REGION 7 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT

TMG HORIZON / VERULAM CC LEG BUSTER, Hog Hill, Hilly, 09.15hrs EFGHI 1hr + full circuit every 5 laps, 10.30hrs CD 1hr + 1 lap Full Circuit, 11.45hrs AB 1hr + 1 lap + 1 lap Full Circuit. Paul Caton, Tel: 01727 753073, Email: paul.caton@aecom. Entry Method: A & C £10

TUESDAY 21st JUNE - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 23rd IUNE - REGION 9

CICLOS UNO SUMMER SERIES (EVENT 4) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 18.00hrs. ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com. Entry Method: C £10

SATURDAY 25th IUNE- REGION 6

WORCESTER ST JOHNS CC CRIT SERIES, Stourport DY138BQ, Flat, 12.30hrs DEFGHI 1 hr duration, 14.00hrs ABC 1 hr duration. Vince Page, 15 Elizabeth Ave, Claines, Worcestershire. WR37HQ. Tel: 01905 451617. Email: vince-page@hotmail.co.uk Entry Method: A £10, B £10 & C £15.

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SUNDAY 26th IUNE - REGION 1 & 2

YORKSHIRE 50 & OVER OPEN CRITERIUM CHAMPIONSHIPS. York Cycle Circuit, YO10 5FG, Flat. Categories CDEFGHI ONLY (No AB event) 09.35hrs FGHI, 10.55hrs E, 12.15 hrs D, 13.35hrs C. Alistair Cameron. Tel: 07975 904251, Email: Alistair.cameron7@gmail.com. Entry Method: A £10 & B £10

SUNDAY 26th JUNE - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT

PAUL SIMON HOMES RR (incorporating R9 RR Championships) Tipps Cross Viper Circuit CM15 0DX, Undulating, 09.00hrs AB 56m, 09.05hrs CD 48m, 12.30hrs EFGHI 40m. John McMillan, Tel: 07951 710591 / 020 8883 9194, Email: oldscotspro@gmail.com. Entry Method: A, B & C £12 (Preference to R9 riders, other regions members will be accepted if spaces available, medals for R9 riders only).

TUESDAY 28th JUNE - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 30th IUNE - REGION 9

FORD CC DUNTON SERIES (Event 5). Ford Dunton Test Track, Basildon SS15 6EE, Flat, 19.00hrs ABCD 1hour + 3 laps. EFGHI 1hour + 3 laps, Trevor Mills, 4 Trumpeter Court, Billericay, Essex. CM12 0HQ Tel: 01277 657186, Email: millstrevor92@yahoo.co.uk Entry Method: C £10

SUNDAY 3rd IULY - REGION 1 / 2

CONDOR BUCKSTONES FLANDERS RR. 10.00hrs Halifax, HX4 8JG, Hilly, AB 43m, CD 43m, EFGHI 35m. John Ginley, Tel: 01274 601567. Email: johnginley@btinternet.com, Entry Method: A £15

SUNDAY 3rd JULY - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT

DAVE GRIFFITHS MEMORIAL RR. Ottershaw, KT160HG, Undulating, 08.30hrs DEFGHI 42m, 11.00hrs ABC 50m. Ray Healy, 5 Wychwood Close, Sunbury on Thames, Middlesex, TW16 7RF, Tel: 01932 770 949, Email: cipohealey@yahoo.co.uk Entry Method: A & C £15

TUESDAY 5th IULY - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 7th IULY - REGION 9

CICLOS UNO SUMMER SERIES (EVENT 5) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 18.00hrs. ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com. Entry Method: C £10

SATURDAY 9th IULY- REGION 6

WORCESTER ST JOHNS CC CRIT SERIES, Stourport DY138BQ, Flat, 12.30hrs DEFGH 1hr duration, 14.00hrs ABC 1hr duration. Vince Page, 15 Elizabeth Ave, Claines, Worcestershire. WR37HQ. Tel: 01905 451617. Email: vince-page@hotmail.co.uk Entry Method: A & B £10 & C £15.

SUNDAY 10th IULY - REGION 7

OMLOOP VAN DER DRIES DORPEN 10.00hrs, Flecknoe, CV23 8AT, Undulating. ABCDEFGHI 32m, (Start in age groups @ handicapped intervals, Overall & age group awards). THE ROADS FOR THIS EVENT ARE 40% UNSURFACED 25mm/28mm section tyres suggested. Event limited to first 60 riders. Barrie Mitchell, Holly Cottage, 15 High Street, Marton nr. Rugby, CV23 9RR. Tel: 01926 632948, Email: ridermarton@gmail.com. Entry Method: A & B £15

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TUESDAY 12th JULY - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 14th JULY- REGION 9

FORD CC DUNTON SERIES (Event 6). Ford Dunton Test Track, Basildon SS15 6EE, Flat, 19.00hrs ABCD 1hour + 3 laps. EFGHI 1hour + 3 laps, Trevor Mills, 4 Trumpeter Court, Billericay, Essex. CM12 0HQ Tel: 01277 657186, Email: millstrevor92@yahoo.co.uk Entry Method: C £10



SATURDAY 16th JULY - REGION 6 - NATIONAL CRITERIUM CHAMPIONSHIPS WYRE FOREST CRC / BUSH HEALTHCARE NATIONAL CRITERIUM CHAMPIONSHIPS, Stourport on Severn, Flat,DY13 8BQ, (All Cats) 09.00 to 16.15 hrs, ABCDEFGHI 1hr + laps. Joe Rowe, Tel: 01905 381989, Email: joseph.rowe@btinternet.com, Entry Method: A £15

SUNDAY 17th JULY- REGION 5 - A STALLARD ONIMPEX UK, BIORACER SERIES EVENT TOUR OF THE WOLDS RR, 11.00hrs, Limber, Undulating, AB 50m, CD 50m, EFGHI 40m, Steve Wakefield, 21 Connaught Avenue, Grimsby. DN32 0BS, Tel: 01472 328606, Email: swakey@ntlworld.com Entry Method: B & C £15

SUNDAY 17th JULY - REGION 10 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT NEWBURY RC RR. 10.00hrs, Hungerford, RG208DA, Undulating, AB 61m, CD 51m, EFGHI 41m. Charlie Elsey, Tel: 01672 540244 / 07905 863864, Email: charlie.elsey@btinternet.com Entry Method: A £15

TUESDAY 19th JULY - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 21st JULY - REGION 9

CICLOS UNO SUMMER SERIES (EVENT 6) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 18.00hrs. ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com. Entry Method: C £10

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SATURDAY 24th IULY - REGION 4

TEAM WHEELGURU CIRCUIT RACES. Darley Moor Circuit. Located on A515, 2 miles south of Ashbourne, Derbys. 10.30hrs EFGHI. 1 hour + 5 Laps. 13.15hrs ABCD 1 hr 15 min+ 5 Laps. Full prize list for all age cats. Michael Clark,1 Quarry Clough, Stalybridge. Entry Method: B £12 & C £15.

SUNDAY 24th JULY - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT

EAGLE ROAD RACE, Radwinter CB10 2SN, Undulating, 09.00hrs ABCD 60m, EFGHI 45m. Julian Boulter. Tel: 07519 153981. Email: Julian.b.boulter@uku.co.uk. Entry Method: A £ 15

TUESDAY 26th JULY - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 28th IULY- REGION 9

FORD CC DUNTON SERIES (Event 7). Ford Dunton Test Track, Basildon SS15 6EE, Flat, 19.00hrs ABCD 1hour + 3 laps. EFGHI 1hour + 3 laps, Trevor Mills, 4 Trumpeter Court, Billericay, Essex. CM12 0HQ Tel: 01277 657186, Email: millstrevor92@yahoo.co.uk Entry Method: C £10

SATURDAY 30th JULY - REGION 4

DERBY MERCURY / BICI-PAZZO RT / MANCHESTER VELO COMBINED EFFORT CIRCUIT RACES Darley Moor Circuit, Flat, 10.30hrs EFGHI 1hr + 5 laps, 13.15hrs ABCD 1hr 15min + 5 laps. Pete Turner Tel: 01332 661339 Email: pete.turner1957@gmail.com or Simon Bills, Email: samcyclo@ntlworld.com. Entry Method: A £12 & C £15

SUNDAY 31st JULY - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT

SOUTHEND WHEELERS OVER THE HILL CRITERIUMS PLUS. Hog Hill Lower Circuit + Some Full Circuit + Hill finish, Hainault IG6 3HP. 09.30hrs EFGH 1hr+ 5 Laps, 11.00hrs ABCD 1hr + 5 Laps. Fred Little, 45 Hillhouse Close, Billericay, Essex. CM12 0BB, Tel: 01277 658807, Email: fredlittle@bt internet.com Entry Method: C £10

TUESDAY 2nd AUGUST - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 4th AUGUST- REGION 9

CICLOS UNO SUMMER SERIES (EVENT 7) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 18.00hrs. ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com. Entry Method: C £10

SATURDAY 6TH AUGUST - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT THE COLOUR TECH GRAVESEND SUMMER BEANO CRITERIUMS, Gravesend Cyclopark, DA11 7NP, Flat, 10.00 hrs AB 90 minutes + 5 laps, 12.15hrs CD 75 minutes + 5 laps, 14.15hrs EFGHI 60 minutes + 5 laps. Colin Smith, 22 Montgomery Road, South Darenth, Kent, DA4 9AL, Tel: 07846 641400, Email: Colour-tech@outlook.com. Entry Method: A £10 & C £15

SUNDAY 7th AUGUST - REGION 5

THE GEOFF ARMSTRONG MEMORIAL RR. 10.00hrs, Sibthorpe, HQ Flintham Cricket Club, Flat, AB 61m, CD 55m, EFGHI 49m. Adrian Adgar, 1 Oxton Road, Calverton, Nottingham, NG146NU. Tel: 07980841046. Entry Method: B & C £10

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SUNDAY 7th AUGUST - REGION 7

POLYPIPE BATTLE OF EDGE HILL RR. 10.30hrs. Lower Kineton. Hilly, ABCD*, 96m. Mick Ives, 78 Mill Hill, Baginton, Coventry. CV8 3AG. Tel: 02476 304009. Email: mickivesbikeking@gmail. com. Entry Method: B £15 + sae, * Entries open only to category ABC&D riders representing clubs / teams that are organising an LVRC event in 2016.

TUESDAY 9th AUGUST - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 11th AUGUST - REGION 9

FORD CC DUNTON SERIES (Event 8). Ford Dunton Test Track, Basildon SS15 6EE, Flat, 19.00hrs ABCD 1hour + 3 laps. EFGHI 1hour + 3 laps, Trevor Mills, 4 Trumpeter Court, Billericay, Essex. CM12 0HQ Tel: 01277 657186, Email: millstrevor92@yahoo.co.uk Entry Method: C £10

SUNDAY 14th AUGUST - REGION 5

FLEX-TECH ETTERIDGE CYCLE RACE. 10.00hrs, Limber (Village Hall) nr Grimsby DN37 8JN, Undulating, AB 55m, CD 45m, EFGHI 35m. Eddie Blissitt, Little Laceby Farm, Grimsby Road, Laceby, nr Grimsby. DN37 7DR. Tel: 07976 409746, Email: eblissett@btinternet.com Entry Method: B & C £15

SUNDAY 14th AUGUST- REGION 9 - OVER 65 POINTS SERIES EVENT

CICLOS UNO LAST OF THE SUMMER WINE SERIES WARM UP (EVENT 1) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 09.30hrs ABC 1 hour + 5 laps, 09.30hrs DE 1hour + 5 Laps, 11.00hrs FGHI 1 hour + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com Entry Method: C £10

SUNDAY 14th AUGUST - R10 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT

DEREK WITT MEMORIAL RR, Milburys, Hampshire, Undulating, 10.00hrs ABCD 50m, 12.30hrs EFGHI 40m, Tim Crumpton, 11 Maytree Close, Locks Heath, Southampton, Hampshire. SO316NQ, Tel: 01489 576022, 07557 361927, Email: timmy.crumpton@gmail.com. Entry Method: A & B £15

TUESDAY 16th AUGUST - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

THURSDAY 18th AUGUST- REGION 9

CICLOS UNO SUMMER SERIES (EVENT 8) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 18.00hrs. ABCD 1hr+ 3 Laps, EFGHI 50mins + 3 Laps. Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com Entry Method: C £10

SUNDAY 21st AUGUST - REGION 7

NORTH BUCKS ROAD CLUB FOXLEY CLASSIC RR 10.00hrs, Towcester, NN126AG, Undulating, AB 56m, CD 49m, EFGHI 42m. David Price, Tel: 01908 507079 / 07500 963727, Email: David43price@gmail.com. Entry Method: A £15

TUESDAY 23rd AUGUST- REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

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SUNDAY 28th AUGUST - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT LEWES WANDERERS ROAD RACE, Lewes BN8 4DA, Undulating, 09.00hrs EFGHI 45m, 11.00hrs AB 51m, 11.05 hrs CD 51m, Bob Evans, 42 Prince Edwards Road, Lewes, East Sussex. BN7 1BE, Tel: 07799 067406, Email: bob.evans100@gmail.com. Entry Method: A & C £15

TUESDAY 30th AUGUST - REGION 7

MILTON KEYNES BOWL CIRCUIT RACES. (inc R7 Criterium Championship points series) 19.00hrs. Milton Keynes Bowl. MK5 8AA, Undulating. AB. 1 hr + 3 laps. CD 50 mins + 3 laps, EFGHI 40 mins + 3 laps. Trudie Bird, Tel: 07748 135120 / 07545 874281. Email: paulandtrudie@sky.com. Entry Method: C £10

SUNDAY 4th SEPTEMBER - REGION 9 - TOACHIM VETS/PS+CYCLEWEAR SERIES EVENT DULWICH PARAGON CC ROAD RACE, Bletchingley RH1 4PA, Hilly, 09.30hrs AB 60m, CD 50m, EFGHI 40m. Patrick Hawkins, Tel: 02076 402020 / 07768 867691, Email: patrickhawkins@btinternet.com Entry Method: A £15

SUNDAY 11th SEPTEMBER - REGION 1 / 2- A STALLARD ONIMPEX UK, BIORACER SERIES EVENT BRIDLINGTON EAST COAST RR. 10.30hrs. Driffield, YO25 4AS, Undulating, AB 57m, CD 45m, EDFGHI 37m. Martin Cockerill, 52 Brett Street, Bridlington, East Yorks. Tel: 01262 678012. Entry Method: B £15 + SAE

SUNDAY 11th SEPTEMBER - REGION 9

CICLOS UNO LAST OF THE SUMMER WINE SERIES (EVENT 2) Hog Hill Lower Circuit, Hainault IG6 3HP. Flat. 10.00hrs ABCD 1 hour + 5 laps,11.30hrs EFGHI 50 minutes + 5 Laps, Trevor Maddern, Ciclos Uno, 37 New North Road, Hainault, Essex. IG6 2UE. Tel: 0208 500 1792. Email: ciclosuno@hotmail.com. Entry Method: C £10

SATURDAY 17th SEPTEMBER - REGION 7

INTER REGIONAL ROADMANS 4 UP TEAM TIME TRIAL, Haynes MK45 3QB, Flat, 09.30hrs, 17.5m Rich Edwards, 20 Abbey Close, Ampthill, Bedfordshire. MK45 2SH. Tel: 07710 217052 / 01525 753955, Email: richard.edwards36@ntlworld.com. Entry Method: B & C £60 (per team of 4), Standard Road Bikes only, no TT Bikes, Bars or Disc Wheels.

SUNDAY 18TH SEPTEMBER - REGION 6

FUN IN THE PARK CIRCUIT RACES, Tudor Grange, Solihull, Flat, 10.00hrs ABC 1hr+ 5 laps, 11.30hrs DEFGHI 1hr+5 laps. Richard Blackman, 3 Frankholmes Drive, Solihull, West Midlands. B90 4XF, Tel: 07800 867571, Email: Richard@blackmanr.plus.com. Entry Method: A & C £10

SUNDAY 18th SEPTEMBER - REGION 7 - A STALLARD ONIMPEX UK, BIORACER SERIES EVENT ST IVES CC - PLASTRIBUTION RR. 09.30hrs, Huntingdon, PE297DA, Undulating, AB 57m, CD 57m, EFGHI 47m. Andy Wylde, Tel: 07802 388042, Email: andrew.wylde@gmail.com Entry Method: A £15 Followed by Stallard Awards Presentation Buffet

SUNDAY 18th SEPTEMBER - REGION 9

SUNDAY 25th SEPTEMBER - REGION 9

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SUNDAY 25th SEPTEMBER - REGION 7 - NATIONAL CHAMPIONSHIP
THE JEWSON NATIONAL TIME TRIAL CHAMPIONSHIP. 10.00hrs. Napton CV47 8LT, Undulating. ABCDEFGHI 18m. Barrie Mitchell, Holly Cottage, 15 High Street, Marton nr. Rugby. Warwickshire, CV23 9RR. Tel: 01926 632948, Email: ridermarton@gmail.com. Time trial bikes, Approved Aero Helmets & Tri Bars allowed, Entry Method: A & B £15

SATURDAY TBA & SUNDAY TBA OCTOBER - REGION 6 - NATIONAL TRACK CHAMPIONSHIP

TBA Velodrome, Sprint (flying 200m to seed), 2km/3km Pursuit, 500m/750m Time Trial, Points Race and Scratch Race: 3km Team Pursuit (3 riders, min combined age 150 years), 750m Team Sprint (3 riders, min combined age 150 years), composite teams allowed. Sat 10 am to 7 pm (Sprint, Points, Team Pursuit), Sun 9 am to 6 pm (Pursuit, Time Trial, Scratch, Team Sprint).Organiser: Steve Davies, 01325 352337 Email: steve.davies@bibinsurance. co.uk Entry fee £25 for one event, £50 for two or more events. ABCDEFG+H, Experienced track riders only for Sprint, Points, and Scratch, ENTRY METHOD: A or by arrangement to Mike Amery Tel: 01684 310168 Email: amery_07@fsmail.net

TUESDAY 27th DECEMBER (Provisional date) - REGION 6

CHRISTMAS TRACK MEETING Newport Velodrome NP19 4PT, Approx. 11.00hrs to 18.00hrs AB, CD, EFGH all categories at least 4 bunch races. Mike Amery, Tel: 01684 310168, Email: amery_07@fsmail.net Entry method: A & C £20.

TBA DECEMBER - REGION 7 - NATIONAL CHAMPIONSHIP

THE IEWSON NATIONAL CYCLO CROSS CHAMPIONSHIP, 12.00hrs. Midlands. ABCDEFGHI 45min + lap. Mick Ives, 78 Mill Hill, Baginton nr. Coventry. CV8 3AG, Tel: 02476 304009, Email: mickivesbikeking@gmail.com Entry Method: A & B £15

NOTE THAT IF ANY MEMBER / ORGANISER WOULD LIKE TO PROMOTE ADDITIONAL LVRC CYCLO CROSS EVENTS IN 2016 PLEASE CONTACT MICK IVES ON 02476 304009 FOR ADVICE AND GUIDANCE ETC

Regions and Postcodes

Region 1/2 NW England & Scotland: BB, BL, CA, FY, LA,PR, WN

Scotland: AB, DD, DG, EH, FK, G, HS, IV, KA, KW, KY, ML, PH, TD, ZE

NE England & Yorkshire: BD, DH, DL, HD, HG, HU, HX, LS, NE, SR, TS, WF, YO

Region 3 N. Wales & Merseyside: CH, IM, L, LL, WA

Region 4 Greater Manchester & N. Staffs: CW, M, OL, SK, ST

E & N Midlands: DE, DN, LE, LN, NG, S Region 5

Region 6 Mid-Wales & W. Midlands: B. DY. SY. TF. WR. WS. WV

Region 7 SE Mids & E Anglia: AL, CB, CV, HP, IP, LU, MK, NN, NR, OX, PE, SG, WD

S Wales & W England: BS, CF, GL, HR, LD, NP, SA Region 8

Region 9 London & SE England: BN, BR, CM, CO, CR, CT, DA, E, EC, EN, HA, IG, KT,

ME, N, NW, RH, RM, SE, SM, SS, SW, TN, TW, UB, W, WC

SW England: BA, BH, DT, EX, GU, GY, JE, PL, PO, RG, SL, SN, SO, SP, TA, TR, TQ Region 10





ICF World Road Race Championship 7th August 2016

St Truiden (Groot Gelmen) Belgium E40 from Brussels towards Liege then North on N80 Do not have maps to locate this) Three races 40+50+60+ Entry on line. No restriction on size of field everyone gets a ride. Full details www.belgiancyclingselection.be

44th FIS-RSC International Cycling Week Hartberg Austria 11th - 19th August 2016

Stage Race - Prologue - Criterion - 4 Road Races - Massed start Hill Climb - TT. 5 year age groups from 40 to 75+ UCI licence and advanced entry required. Entry fees can be paid on arrival at Race HQ before 11th August. Less competitive "hobby" event over same course, no licence required. Full details www.hartbergerland-radsportwoche.at

Masters Cycling Federation Championships St Johaan Austria

Events from 20 - 27 August 2016 World Cup 20th - 23rd. TT 24th Masters 25th - 27th Entry on Line for road events. No restriction on size of field all get to ride. Advance entry available and mandatory for time trial. UCI licence no longer necessary, day licence available. Full details www.masterswm.org

Racing in Belgium

Season long Vets races in Flanders. All entry on line with LVRC licence. WAOD and VWF used by many of our members. Full details www.belgiancyclingselection.be click info/ links - Wielerbonden www.waod.be

UCI GranFondo World Series

Final 1st - 4th September 2016 Perth Western Australia

The idea behind WCT is to have an "amateur world champion" There are qualifying rounds held throughout the world and qualifiers contest the world championship for their age

The qualifying events are sportives but in fact are mass participation races with the top 25% in each age group qualifying for the final. There is one UK qualifying event. Tour of Cambridgeshire 4th - 5th June 2016

A full list of qualifying events and all other details. www.granfondoworldtour.com No details of any European championships

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| | Pos. | Road Race | Criterium | Time Trial |
|----------------|-------------------|---|---|--|
| Cat A 40-44 | 1st 2nd 3rd | James Sharp Jonathan Parker Warren Jesse | Mike Jackson Rob Watkinson Richard Unwin | Timothy Smith Neil Holden Matt Plews |
| Cat B 45-49 | 1st 2nd 3rd | Giles Pidcock Mike Jones Martin Smith | Antony Wallis Martin Smith Gianluca Cappello | Martin Smith Ian Holbrook Keith Lee |
| Cat C 50-54 | 1st 2nd 3rd | Tim Costello Craig Wilson David John Tonks | Roy Chamberlain Rich Edwards Rob Muzio | Malc Smith Roy Chamberlain Karl Moseley |
| Cat D 55-59 | 1st 2nd 3rd | John French Dave Robinson Geoff Saxon | Mick Bath James Rutherford Phil Thomas | Jim Moffatt Philip Hargreaves Paul Lilley |
| Cat E 60-64 | 1st 2nd 3rd | Steve Jolley Bob Downs Chris Davis | Bob Downs Ralph Keeler Stephen Bunn | Richard Birtwhistle Richard Colemen Stephen Bunn |
| Cat F 65-69 | 1st 2nd 3rd | Alan Kemp Don Parry Richard Booth | Graham Weigh Thomas Demery Alan Forrester | Roger Porter Barrie Mitchell Dave Rutherford |
| Cat G 60-64 | 1st 2nd 3rd | Andy Hicks Bill Cotton Brian Sunter | Geoff Cooke Dave Gretton Bill Cotton | Andy Hicks George Windsor Barry Jones |
| Cat H 65-69 | 1st 2nd 3rd | Jack Watson Derrick Woodings Pete Ryalls | Derrick Woodings Roly Crayford Jack Watson | Mick Ives Norman Bright |
| Cat I | 1st | | | Chaz Wilde |

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| | Pos. | Cyclo Cross | Ominpex Bioracer Percy Stallard Series Overall |
|----------------|-------------------|--|---|
| Cat A 40-44 | 1st 2nd 3rd | Dan Guest Craig Denning Martin Kennedy | Mike Jackson Andy Sedgewick Tony Greenhalgh |
| Cat B 45-49 | 1st 2nd 3rd | Martin Smith Mark James Steven Knight | John Peters Steve Gibson Paul Bell |
| Cat C 50-54 | 1st 2nd 3rd | Geoff Giddings Phil Roach Nigel Langridge | Mike Twelves Steve Ellis Mark Hammersley |
| Cat D 55-59 | 1st 2nd 3rd | Kirby Bennett Mick Davies Ian Wright | Steve Wilkinson Keith Middleton Graham Payne |
| Cat E 60-64 | 1st 2nd 3rd | Andy Roberts Julia Hawkesworth Tim Crumpton | Steve Jolley Joey Williams Dave Cuming |
| Cat F 65-69 | 1st 2nd 3rd | Peter Mooney Michael Webb Barrie Mitchell | Dave Woods Richard Booth Chris Gunter |
| Cat G 70-74 | 1st 2nd 3rd | Vic Barnett | Bill Cotton John Ginley Brian Sunter |
| Cat H 75-79 | 1st 2nd 3rd | Stuart Walters Mick Ives Graham Clements | |
| Cat I | 1st | John Dowell | |

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| Individual Sprint A Gold B Gold C Gold D Gold E Gold F Gold G Gold | James Roberts Colin Mackenzie Mark Wiffen Keith Williams John Manning Paul Davies Geoff Wiles | Silver Silver Silver Silver Silver Silver | Jason Streather Stephen Aslin Michael Rice Phil McWilliam Dave Smith Geoff Brandt David Rowe | Bronze Bronze Bronze Bronze Bronze Bronze | Eric Paillet Ian Barton Colin Smith Steve Wilkinson Tom Morton Ian Lewis |
|--|---|--|---|--|--|
| H Gold | Brian Dacey | Silver | Roly Crayford | Bronze | Arja Scarsbrook |
| Points Race A Gold B Gold C Gold D Gold E Gold F Gold G Gold H Gold | Howard Heighton Antony Wallis Ian Greenstreet Ken Roesner John Manning Paul Davies Geoff Wiles Vince Freeley | Silver Silver Silver Silver Silver Silver Silver | Jason Streather Nick O'Hara Rob Muzio Ian Donohue Chris Davis Ian Lewis Arja Scarsbrook | Bronze Bronze Bronze Bronze Bronze Bronze | John Anglesea John Russell Michael Rice Steve Wilkinson Brian O'Kelly Christine Higgs Derrick Woodings |
| Individual Pursuit A Gold B Gold C Gold D Gold E Gold F Gold G Gold H Gold | 3 km / 2 km Jeremy Pile Antony Wallis Mark Wiffen Steve Potts Chris Davis Paul Davies Geoff Wiles Arja Scarsbrook | Silver Silver Silver Silver Silver Silver Silver | Jason Streather John Russell Ian Greenstreet Ken Roesner John Manning Rod Stewart Vince Freeley | Bronze Bronze Bronze Bronze Bronze Bronze | Bryce Dyer Andrew Turner Johannes Roux Mark Francis Don O'Connor Christine Higgs Brian Dacey |
| Time Trial 750/50 A Gold B Gold C Gold D Gold E Gold F Gold G Gold H Gold | Om Jeremy Pile Antony Wallis Mark Wiffen Steve Wilkinson Dave Smith Paul Davies Geoff Wiles Roly Crayford | Silver Silver Silver Silver Silver Silver Silver | Bryce Dyer Andrew Turner Tim Lawson Phil McWilliam Brian O'Kelly Geoff Brandt David Rowe Arja Scarsbrook | Bronze Bronze Bronze Bronze Bronze Bronze | Marcus Smith Colin Mackenzie Ian Greenstreet Keith Williams Chris Davis Rod Stewart Brian Dacey |
| Scratch Race A Gold B Gold C Gold D Gold E Gold F Gold G Gold H Gold | Jason Streather Antony Wallis Ian Greenstreet Robin Osborne John Manning Paul Davies Geoff Wiles Vince Freeley | Silver Silver Silver Silver Silver Silver Silver | Marcus Smith John Russell Michael Rice Ken Roesner Chris Davis Ian Lewis Brian Dacey | Bronze Bronze Bronze Bronze Bronze Bronze | Nick Cammell Nick O'Hara Mark Wiffen Steve Wilkinson Brian O'Kelly Thomas Demery Derrick Woodings |
| Overall Champion A C E G | s Jason Streather Mark Wiffen John Manning Geoff Wiles | | B Antony N D Ken Roes E Paul Dav H Vince Fro | sner ⁄ies | |
| Team Pursuit Gold | Leicester Lads Rob Muzio Phil Rayner Martin Webster | Silver | Newport Dropouts Jason Streather Mark Wiffen Steve Potts | Bronze | Derby Mercury John Anglesea Andy Eagers John Manning |
| Team Sprint Gold | 3 Ws Mark Wiffen Keith Williams Steve Wilkinson | Silver | Micobe Michael Rice Ben Friend Colin Smith | Bronze | Derby Mercury John Anglesea Andy Eagers John Manning |

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